

# Lunch Menu

Week beginning 19th April 2021



Feltonfleet  
PREPARATORY SCHOOL

## MONDAY

STAFF  
INSET

## TUESDAY

### Soup

Tomato & Herb

### Main (Prep)

Minced Beef & Vegetable  
Pie

### Main (Pre-Prep)

Jacket Potatoes, Baked  
Beans, Cheese

### Vegan/Vegetarian

Roasted Flat Mushroom  
with Garlic & Rosemary

### Sides

Roasted Cauliflower  
Steamed Peas  
Buttered New Potatoes

### Main 2

Jacket Potato

### Desserts

Lemon Meringue Pie  
Fresh Fruit

## WEDNESDAY

### Soup

Broccoli & Cheddar

### Main (Prep)

Tomato & Basil Penne Pasta  
Three Cheese Pasta Bake

### Main (Pre-Prep)

Pasta with both sauces

### Vegan/Vegetarian

Tomato & Basil Penne Pasta

### Sides

Steamed Corn  
Simple Carrots  
Herby Garlic Bread

### Main 2

Vegetable Samosa

### Desserts

Classic Flap Jack  
Fresh Fruit

## THURSDAY

### Soup

Carrot & Coriander

### Main (Prep)

Chicken & Vegetable  
Tikka Masala

### Main (Pre-Prep)

As above

### Vegan/Vegetarian

Chick Pea & Spinach  
Curry

### Sides

Onion Bhaji  
Steamed Broccoli  
Braised Herb Rice

### Main 2

Jacket Potato

### Desserts

Berry Eton Mess  
Fresh Fruit

## FRIDAY

### Soup

Country Vegetable

### Main (Prep)

Hot Dogs, Fried Onions &  
Ketchup

### Main (Pre-Prep)

As above

### Vegan/Vegetarian

Vegan Hot Dog, Fried Onions  
& Ketchup

### Sides

Onion Rings  
Baked Beans  
Chunky Chip

### Main 2

Pasta with Olive Oil &  
Mature Cheddar

### Desserts

Jam Doughnut  
Fresh Fruit

NB: Sometimes it may be necessary  
to make a change to the published  
menu due to deliveries and  
availability of ingredients.