

Menus week commencing 28th June 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Smoked Bacon Scrambled Eggs Potato Waffles	Ham & Cheese or Cheese & Tomato Filled Croissant	Pork Sausages Baked Beans Poached Eggs	American Style Pancakes, Maple Syrup & Bacon or Redberries	Bacon Fried Eggs Hash Browns
Breakfast (Everyday Items)	Cereals, Toast & Preserves Porridge & Fruit Juice	Cereals, Toast & Preserves Porridge & Fruit Juice	Cereals, Toast & Preserves Porridge & Fruit Juice	Cereals, Toast & Preserves Porridge & Fruit Juice	Cereals, Toast & Preserves Porridge & Fruit Juice
Morning Snack	Cheese & Crackers	Fresh Fruit & Biscuits	Toasted Tea Cake 2 nd Snack – Yoghurt Pot	Peach, Banana & Oatmeal Smoothie	Cheese & Courgette Muffin
Soup of the Day	Carrot & Coriander	Honey Roast Parsnip	Broccoli & Cheddar	Tomato & Herb	Country Vegetable
Main Meal	Chicken, Vegetable & Coconut Curry	Grilled Bacon Steak, Pineapple Chutney	Tomato & Basil Penne Pasta Three Cheese Pasta Bake	Roast Turkey, Cranberry Sauce & Roast Gravy	Hot Dogs, Fried Onions & Ketchup
Main Alternative	Creamy Herb & Garlic Pasta with Broccoli & Red Onion	Jacket Potato	Baked Fish Cake, Herb Mayo	Jacket Potato	Smashed Sweet Potato with Spring Onion & Coriander
Vegan & Vegetarian Main	Butterbean, Spinach & Vegetable Curry	Roasted Butternut Squash Steak with Garlic & Rosemary (GF)	Tomato & Basil Penne Pasta	Vegan Style Chicken	Vegan Hot Dog, Fried Onions & Ketchup
Gluten Free	Chicken, Vegetable & Coconut Curry	Grilled Bacon Steak, Pineapple Chutney	Gluten Free Pasta with Tomato & Basil Sauce	Roast Turkey, Cranberry Sauce & Roast Gravy	Hot Dogs, Fried Onions & Ketchup (GF Roll)
Vegetables	Steamed French Beans Savoy Cabbage	Roasted Cauliflower Simple Carrots	Steamed Sweetcorn Herb Grilled Tomatoes	Steamed Carrots Simple Broccoli	Steamed Peas Panache of Vegetables
Potato, Rice, Bread	Coriander Rice Mini Poppadoms	Parsley New Potatoes	Herby Garlic Bread	Roast Potatoes	Chunky Chips
Salad	Shaker Pots Salad Boxes Crudités	Shaker Pots Salad Boxes Crudités	Shaker Pots Salad Boxes Crudités	Shaker Pots Salad Boxes Crudités	Shaker Pots Salad Boxes Crudités
Dessert	Fruit Yoghurt or Jelly Fresh Fruit	Carrot Cake Fresh Fruit	Classic Flap Jack Fresh Fruit	Lemon & Vanilla Cupcake Fresh Fruit	Redberry Cranachan Fresh Fruit
Boarding Supper	Beef & Vegetable Pie New Potatoes, Roasted Courgettes, Mixed Vegetables	Garlic & Thyme Chicken Thighs, Dauphinoise Potatoes, Roasted Roots	Homemade Three Cheese Pizza's Caesar Salad Baked Chicken Wings	Enchilada's Beef or Vegetable Char- Grilled Corn Coriander Rice	No Supper
Supper Dessert	Strawberry Eton Mess	Vanilla Rice Pudding, Jam Sauce	Freshly Baked Cookie	Chocolate Chip Sponge with Custard	

NB: Sometimes it may be necessary to make a change to the published menu due to deliveries and availability of ingredients.